### Cats Are Obligate Carnivores

Our domestic cats depend solely on the nutrients found in animal flesh for their survival. Choosing the best food for your cat means finding food with the most meat. Cats are unable to process the high carbohydrate counts found in dry foods. Dry cat food is the equivalent of junk food for our feline friends.

### Common Myths

1. **Dry food cleans a cat’s teeth.** *False.* Think about how clean your teeth are after eating dry crackers.
2. **Dry cat foods are more economical.** *False.* The diseases caused by dry cat foods result in very expensive vet bills.
3. **Meat by-products in canned food are bad for cats.** *False.* When a cat eats a mouse, it eats all parts of the mouse, not just the breast or thigh.
4. **Cats need constant access to food.** *False.* In the wild, cats forage and catch their prey, eat until satisfied to fill their walnut-sized stomachs. Leftovers are buried & returned to much later.
5. **Raw meat is bad for cats.** *False.* When was the last time you saw a cat cook a mouse?

Please see the list of websites on the reverse side to learn more about the myths of feeding dry cat food.

### What to Look For in a Quality Low-Carbohydrate Canned Food:

1. The first ingredients listed on the label should be meat, meat broth, meat by-products, vitamin and mineral supplements to provide nutritional balance.
2. Avoid canned foods with cereals, grains, gluten, fruits or vegetables...these products are used as cheap fillers to inadequately inflate the protein content of canned foods.
3. Under 10% carbohydrates based on dry matter. When you read the canned food label, the carbs listed are based on an “as fed” basis which does not provide an accurate calculation of carbs based on “dry matter”. To learn more about properly calculating the carbs in canned food, and for a list of low carb canned foods in your country, visit www.diabeticcatcare.com/foodlist.htm
TOP TEN REASONS NOT TO FEED YOUR CAT DRY FOOD

1. Diabetes
2. Chronic renal and urinary disease
3. Pancreatitis and hepatic lipidosis
4. Inflammatory and bowel disease
5. Gingivitis and periodontal disease
6. Obesity
7. Respiratory disease
8. Allergies and skin disease
9. Ear inflammation
10. Stomatitis & chronic regurgitation

For more information about proper diet and nutrition for your feline friends, please visit the following web sites...

- www.Catinfo.org
- www.littlebigcat.com/index
- www.Catnutrition.org
- www.diabeticcatcare.com/FDobesity.htm
- www.catio.org/felinediabetes.htm
- www.thepetcenter.com/article.aspx?id=3401
- leda.law.harvard.edu/leda/data/784/Patrick06.html
- www.catio.org/zorans_article.pdf
- www.felineoutreach.org/Education.html
- www.diabeticcatcare.com/rawfood.htm

We highly recommend the book Your Cat, Simple New Secrets to a Longer, Stronger Life by Dr. Elizabeth Hodgkins, DVM, Esq. We consider it the BEST owner’s manual for cats.

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- leda.law.harvard.edu/leda/data/784/Patrick06.html
- www.catio.org/zorans_article.pdf
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This brochure has been provided compliments of the Diabetic Cat Care Forum. Please join our supportive and educational group of dedicated volunteers on forum (www.diabeticcatcare.com) to find out much more about proper feeding, as well as general and specific health care for felines. We hope that by visiting our site you will be able to avoid your cat developing any dietary related disease, especially Feline Diabetes.